



## Information for surgery in local anesthesia

Your surgery will be done in local anesthesia technique and you will be awake during the procedure.

This means that you are able to eat and drink as usual before your surgery.

### **Cuts**

It is important that there are no cuts or scrapes on the skin in the area to be operated. If you are having foot surgery, refrain from shaving your legs as this may cause small cuts.

### **Medication**

Refrain from medication containing acetylsalicylic acid as Aspirin, Treo or Magnecyl. Including Omega -3 one week from surgery.

Inform your doctor if you are on anti-coagulant medication or any other medication.

### **Instructions before surgery**

Shower with Descutan/Hibiscrub® the night before and the morning of the surgery. Wash the entire body as instructed on the package. This is an antibacterial soap that you can buy at the pharmacy, you don't need a prescription.

Remove any nail polish.

### **The day of surgery**

Come to the clinic on scheduled time of your surgery. Leave jewellery and other valuables at home, the clinic will not be responsible for them.

You are welcome to bring your smartphone if you want to listen to music during surgery.