



## Information for surgery under general anesthesia

Your surgery will be done under general anesthesia and you will sleep during the procedure.

This means that you may not eat, smoke or use snuff ("snus" soft moist tobacco) after midnight the night before surgery. Nicotine patches are ok to use.

You may drink water, coffee or tea (**without milk**) until two hours before your scheduled time at Arcademy for surgery.

### **Cuts**

It is important that there are no cuts or scrapes on the skin in the area to be operated. If you are having foot surgery, refrain from shaving your legs as this may cause small cuts.

### **Medication**

Refrain from medication containing acetylsalicylic acid as Aspirin, Treo or Magnecyl. Including Omega-3 one week from surgery.

Inform your doctor if you are on anti-coagulant medication or any other medication.

### **Instructions before surgery**

Shower with Descutan/Hibiscrub® the night before and the morning of the surgery. Wash the entire body as instructed on the package. This is an antibacterial soap that you can buy at the pharmacy, without a prescription.

Remove any nail polish.

### **The day of surgery**

Come to the clinic on scheduled time of your surgery. Leave jewellery and other valuables at home, the clinic will not be responsible for them.

Leave your car or bicycle at home. You should not be driving for next 24 hours after general anesthesia.